

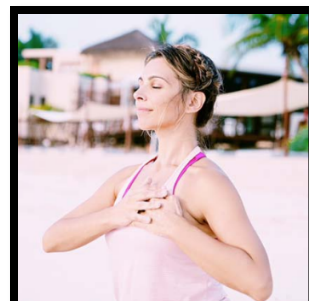
## LAST RESORT – STAFF CASTING

### **CONCETTA TROSKIE – DANCE/DRAMA THERAPIST**

**Age: 43**

**Location: Dallas, TX**

**Relationship Status: Single**



#### **BACKGROUND:**

- Concetta is a highly-trained dancer and movement therapist with a Masters Degree in Counseling and Psychology.
- She incorporates ballet, yoga, and modern dance into her sessions.
- Concetta encourages students to free themselves from their bodies and let their hearts control their motions.
- She received her yoga certification in 2001 and is trained in meditation.
- She has worked at retreat centers and ashrams all across the country.
- Eight years ago, Concetta was constantly tired and achy. She went to the doctor and learned she had a brain tumor caused by an excess of cortisol – the stress hormone. Thankfully, after an extensive surgery to have it removed, she is now cancer free.
- Concetta is the only dance therapist in Dallas. She specializes in anxiety, depression, body image issues, and eating disorders.
- She is currently building Dallas's first expressive arts center. A space that will focus entirely on healing through movement.
- She received the Exceptional Service Award from the American Dance Therapy Association in 2016.